

RIKS-STROKE – 3 MONTH FOLLOW-UP

To be **completed by nursing staff** before the patient leaves

Personal ID number |__|__|__|__|__|__||__|__|__|__|

Name

Address

Telephone no.

Reporting hospital |__|__|__|

Ward/department |__|__|__|

Follow-up date (year, month, day) |__|__|__|__|__|__|

This questionnaire should be completed three months after the onset of stroke

Instructions:

- If you need help filling in the form. Please state who answered the form on your behalf in question 24.
- If you are filling in the form and do not know the answer to a question and there is no “Don’t know” option, you should leave the question unanswered.

1. Where are you staying at present?

|__| = In own accommodation without community home-help service

|__| = In own accommodation with community home-help service

|__| = Arranged accommodation (e.g. nursing home, old people’s home, service flat with full board, temporary accommodation, sheltered housing, alternate accommodation or equivalent)

|__| = At acute-care ward (e.g. medical, neurological or surgical ward)

|__| = Other

|__| = At a geriatric or rehabilitation unit

2. Do you live on your own?

|__| = Yes, I live entirely on my own

|__| = No, I share the household with a spouse/partner or another person, e.g. sibling, child, parents

3. How mobile are you today?

|__| = I move around without help both indoors and outdoors

|__| = I move around without help indoors but not outdoors

|__| = I need help to move around

4. Does someone help you when you go to the toilet?

I = I manage toilet visits without any help

I = I need help to go to the toilet

5. Does someone help you to dress/undress?

I = I manage to get dressed/undressed without help

I = I need help to dress/undress

6. Have you had a follow-up appointment after you were discharged from the hospital? (More than one option may be applicable)

I = Yes, at a hospital

I = Yes, at a care centre or equivalent (e.g. private practice)

I = Yes, at arranged accommodation

I = No

I = Don't know

comment.....

7. Do you feel that your requirements for support or help have been fulfilled?

I = Yes, completely

I = Yes, partly

I = No

I = I did not need/want support or help

I = Don't know

comment.....

8. What type of support or help did you received from the Medical Services or the Municipality after your hospitalisation? (More than one option may be applicable)

I = Day-care rehabilitation / team rehabilitation

I = Home rehabilitation

I = Temporary accommodation

I = Other support (e.g. from physician, nurse, physiotherapist, occupational therapist, counsellor or speech therapist)

I = Home-help service

I = Don't know

comment.....

9. Are you dependent upon family or friends for help or support today?

I = Yes, partly dependent

I = Yes, entirely dependent

I = No, not at all

I = Don't know

comment.....

10. Are you finding it difficult to...? (More than one option may be applicable)

- = Speak
- = Read
- = Write
- = Swallow
- = None of the above
- = Don't know

comment.....

11. Are you, or have you been, in contact with a speech therapist?

- = Yes
- = No
- = Don't know

comment.....

12. Do you smoke?

- = Yes
- = No
- = Don't know

comment.....

13. Do you feel depressed?

- = Never or hardly ever
- = Sometimes
- = Often
- = Always
- = Don't know

comment.....

14. Are you taking anti-depressants?

- = Yes
- = No
- = Don't know

comment.....

15. Are you taking medication for high blood-pressure?

- = Yes
- = No
- = Don't know

comment.....

16. How would you describe your general state of health?

- = Very good
- = Pretty good
- = Pretty bad
- = Very bad
- = Don't know

comment.....

17. Are you satisfied or dissatisfied with the care you received at the hospital?

- = Very satisfied
- = Satisfied
- = Dissatisfied
- = Very dissatisfied
- = Don't know

comment.....

Were there things during your stay at the hospital that we could have done better?

Please comment on your experience regarding the following aspects of your treatment.
(Please use an x to mark the answers that best describe your experience.)

18. How satisfied or dissatisfied are you with how you were treated by staff?

- = Very satisfied
- = Satisfied
- = Dissatisfied
- = Very dissatisfied
- = Don't know

comment.....

19. How satisfied or dissatisfied are you with your private conversations with your physician?

- = Very satisfied
- = Satisfied
- = Dissatisfied
- = Very dissatisfied
- = Have not spoken in private with my physician
- = Don't know

comment.....

Information relating to stroke includes verbal or written information or descriptions of symptoms, causes, treatments or life-style advice you were given.

20. How satisfied or dissatisfied are you with the information or descriptions you were given relating to stroke?

- = Very satisfied
- = Satisfied
- = Dissatisfied
- = Very dissatisfied
- = I didn't receive any information or description relating to stroke
- = Don't know

comment.....

21. How satisfied or dissatisfied are you with the information you were given about where to turn if you needed support or help after the hospitalisation?

- = Very satisfied
- = Satisfied
- = Dissatisfied
- = Very dissatisfied
- = I didn't need any information on where to turn if I need support
- = I didn't receive information on where to turn if I need support
- = Don't know

comment.....

Rehabilitation or training refers to exercises that are meant to improve or maintain your mobility and ability to manage daily activities.

22. How satisfied or dissatisfied are you with the rehabilitation or training at the hospital?

- = Very satisfied
- = Satisfied
- = Dissatisfied
- = Very dissatisfied
- = I didn't need rehabilitation or training
- = I had a need but didn't receive any rehabilitation or training
- = Don't know

comment.....

23. How satisfied or dissatisfied are you with the rehabilitation or training after you were discharged from the hospital?

- = Very satisfied
- = Satisfied
- = Dissatisfied
- = Very dissatisfied
- = I didn't need rehabilitation or training
- = I had a need but didn't receive any rehabilitation or training
- = Don't know

comment.....

24. Who completed this questionnaire?

= The patient alone in writing

= The patient with the help of a relative/friend or a member of medical staff

= The patient over the telephone

= Other person

= The patient at a follow-up visit at the hospital/care centre

= Medical staff alone

= Relative or friend alone

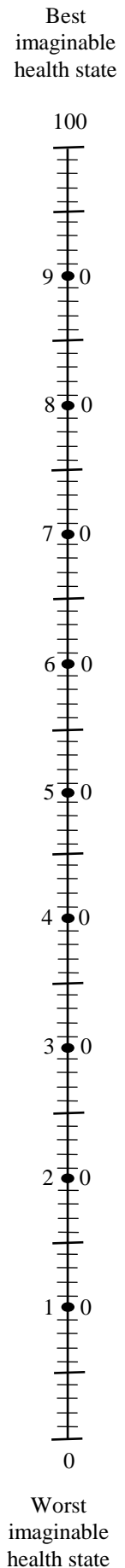
Continues on the next page!

Fråga 25

To help people say how good or bad a health state is, we have drawn a scale (rather like a thermometer) on which the best state you can imagine is marked 100 and the worst state you can imagine is marked 0.

We would like you to indicate on this scale how good or bad your own health is today, in your opinion. Please do this by drawing a line from the box below to whichever point on the scale indicates how good or bad your health state is today.

**Your own
health state
today**



Please check that you have answered all the questions.

Thank you very much for your participation!